

PATENT

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

In re Application of: :

KENNETH LOWE : Art Unit: To be assigned

Serial No.: To be assigned : Examiner: To be assigned

Filed: Concurrently herewith : Atty. Dkt. No. 7561.100

Title: EMOTIONAL STATE MODIFICATION:
METHOD AND SYSTEM

TRANSMITTAL LETTER FOR COMPACT DISCS

Honorable Commissioner of Patents
and Trademarks
Washington, D.C. 20231

Dear Sir:

Applicant submits herewith two discs, Appendix 'A' Copy 1 and Appendix 'A' Copy 2.
Counsel for Applicants hereby certifies that Appendix A Copy 1 contains identical data to
Appendix A Copy 2.

Appendix A

Appendix A Copy 1 and Appendix A Copy 2 were created on March 10, 2004. File
names, size, date of creation for each file, machine format (IBM-PC) and compatibility (MS-
Windows-MS-XP) are provided in compliance with 37 C.F.R. §1.52(e).

The files on each disc of Appendix A, Copies 1 and 2, are identical, and are as follows:

<u>File Name</u>	<u>Size in bytes</u>	<u>Date</u>
Affirmation10Page.cpp	1,720	3/9/04
Affirmation10Page.h	575	3/9/04

Affirmation20Page.cpp	3,154	3/9/04
Affirmation20Page.h	718	3/9/04
Affirmation30Page.cpp	5,660	3/9/04
Affirmation30Page.h	845	3/9/04
Affirmation40Page.cpp	2,209	3/9/04
Affirmation40Page.h	606	3/9/04
Affirmation50Page.cpp	1,864	3/9/04
Affirmation50Page.h	605	3/9/04
Affirmation60Page.cpp	1,866	3/9/04
Affirmation60Page.h	608	3/9/04
AffirmationSheet.cpp	2,536	3/9/04
AffirmationSheet.h	1,277	3/9/04
AffMaintenance.cpp	1,577	3/9/04
AffMaintenance.h	781	3/9/04
ChildDialog.cpp	1,415	3/9/04
ChildDialog.h	727	3/9/04
DefinedGoalsRpt.htm	548	3/9/04
DlgAffInstruct.cpp	995	3/9/04
DlgAffInstruct.h	476	3/9/04
DlgAffMaintenance.cpp	12,082	3/9/04
DlgAffMaintenance.h	1,555	3/9/04
DlgChangePassword.cpp	3,143	3/9/04

DlgChangePassword.h	777	3/9/04
DlgContemplation.cpp	6,990	3/9/04
DlgContemplation.h	1,116	3/9/04
DlgEditAffDesc.cpp	2,400	3/9/04
DlgEditAffDesc.h	861	3/9/04
DlgEnterAffirmations.cpp	26,609	3/9/04
DlgEnterAffirmations.h	2,652	3/9/04
DlgEnterAffirmations.htm	2,022	3/9/04
DlgGoalMaintenance.cpp	11,665	3/9/04
DlgGoalMaintenance.h	1,605	3/9/04
DlgHTMLAbout.cpp	7,041	3/9/04
DlgHTMLAbout.h	735	3/9/04
DlgHTMLAbout.htm	1,153	3/9/04
DlgListEntry.cpp	1,764	3/9/04
DlgListEntry.h	785	3/9/04
DlgLogEntry.cpp	2,838	3/9/04
DlgLogEntry.h	1,116	3/9/04
DlgReportCenter.cpp	3,124	3/9/04
DlgReportCenter.h	867	3/9/04
DlgTableReporter.cpp	5,860	3/9/04
DlgTableReporter.h	1,852	3/9/04
DlgTableReporter.htm	2,098	3/9/04

DlgTableReporter_CompletedAffirmations.cpp	6,625	3/9/04
DlgTableReporter_CompletedAffirmations.h	630	3/9/04
DlgTableReporter_CompletedGoals.cpp	5,102	3/9/04
DlgTableReporter_CompletedGoals.h	523	3/9/04
DlgTableReporter_DailyExercises.cpp	5,885	3/9/04
DlgTableReporter_DailyExercises.h	635	3/9/04
DlgTableReporter_DaysPracticed.cpp	6,309	3/9/04
DlgTableReporter_DaysPracticed.h	695	3/9/04
DlgTableReporter_DefinedAffirmations.cpp	6,770	3/9/04
DlgTableReporter_DefinedAffirmations.h	622	3/9/04
DlgTableReporter_DefinedGoals.cpp	5,339	3/9/04
DlgTableReporter_DefinedGoals.h	517	3/9/04
DlgTableReporter_FeedbackLogByDate.cpp	4,058	3/9/04
DlgTableReporter_FeedbackLogByDate.h	600	3/9/04
DlgTableReporter_FeedbackLogByGoal.cpp	2,279	3/9/04
DlgTableReporter_FeedbackLogByGoal.h	355	3/9/04
DlgTableReporter_ProgressLogByDate.cpp	4,058	3/9/04
DlgTableReporter_ProgressLogByDate.h	600	3/9/04
DlgTableReporter_ProgressLogByGoal.cpp	2,279	3/9/04
DlgTableReporter_ProgressLogByGoal.h	355	3/9/04
DlgTableReporter_SelfDescription.cpp	15,314	3/9/04
DlgTableReporter_SelfDescription.h	943	3/9/04

dsAffirmation.cpp	8,020	3/9/04
dsAffirmation.h	2,074	3/9/04
dsExerciseLog.cpp	15,324	3/9/04
dsExerciseLog.h	3,010	3/9/04
dsGoal.cpp	9,323	3/9/04
dsGoal.h	2,113	3/9/04
dsImage.cpp	9,132	3/9/04
dsImage.h	2,083	3/9/04
dsImportantRelationships.cpp	2,965	3/9/04
dsImportantRelationships.h	1,001	3/9/04
dsLog.cpp	7,501	3/9/04
dsLog.h	1,860	3/9/04
dsSelfDesc.cpp	9,049	3/9/04
dsSelfDesc.h	1,597	3/9/04
dsSession.cpp	12,773	3/9/04
dsSession.h	1,863	3/9/04
dsSlideShow.cpp_	5,706	3/9/04
dsSlideShow.h_	1,437	3/9/04
Exercise10.Page.cpp	1,668	3/9/04
Exercise10.Page.h	557	3/9/04
Exercise20.Page.cpp	3,143	3/9/04
Exercise20.Page.h	659	3/9/04

Exercise30.Page.cpp	2,646	3/9/04
Exercise30.Page.h	662	3/9/04
Exercise40.Page.cpp	2,163	3/9/04
Exercise40.Page.h	591	3/9/04
Exercise50.Page.cpp	1,819	3/9/04
Exercise50.Page.h	590	3/9/04
ExerciseSheet.cpp	2,455	3/9/04
ExerciseSheet.h	1,161	3/9/04
GettingStarted10Page.cpp	1,878	3/9/04
GettingStarted10Page.h	627	3/9/04
GettingStarted20Page.cpp	2,127	3/9/04
GettingStarted20Page.h	650	3/9/04
GettingStarted30Page.cpp	1,955	3/9/04
GettingStarted30Page.h	652	3/9/04
GettingStarted40Page.cpp	1,904	3/9/04
GettingStarted40Page.h	627	3/9/04
GettingStarted50Page.cpp	1,857	3/9/04
GettingStarted50Page.h	626	3/9/04
GettingStartedSheet.cpp	2,631	3/9/
GettingStartedSheet.h	1,293	3/9/04
GoalDef10Page.cpp	2,013	3/9/04
GoalDef10Page.h	616	3/9/04

GoalDef20Page.cpp	4,789	3/9/04
GoalDef20Page.h	807	3/9/04
GoalDef30Page.cpp	2,082	3/9/04
GoalDef30Page.h	614	3/9/04
GoalDef40Page.cpp	7,891	3/9/04
GoalDef40Page.h	869	3/9/04
GoalDef50Page.cpp	4,355	3/9/04
GoalDef50Page.h	804	3/9/04
GoalDef60Page.cpp	2,209	3/9/04
GoalDef60Page.h	647	3/9/04
GoalDefSheet.cpp	2,402	3/9/04
GoalDefSheet.h	1,204	3/9/04
GoalEntryDlg.cpp	1,567	3/9/04
GoalEntryDlg.h	633	3/9/04
GoalsFormView.cpp	66,946	3/9/04
GoalsFormView.h	3,584	3/9/04
GoalsOverviewView.cpp	6,674	3/9/04
GoalsOverviewView.h	786	3/9/04
HelpPropertySheet.cpp	613	3/9/04
HelpPropertySheet.h	268	3/9/04
Horizons.aps	1,423,896	3/9/04
Horizons.cpp	17,958	3/9/04

Horizons.h	1,077	3/9/04
Horizons.ncb	2,296,832	3/9/04
Horizons.rc	101,275	3/9/04
Horizons.reg	712	3/9/04
Horizons.sln	916	3/9/04
Horizons.vcproj	34,447	3/9/04
HorizonsDoc.cpp	1,153	3/9/04
HorizonsDoc.h	627	3/9/04
HorizonsHomeView.cpp	2,174	3/9/04
HorizonsHomeView.h	794	3/9/04
HorizonsView.cpp	1,840	3/9/04
HorizonsView.h	988	3/9/04
ImageBrowser.cpp	17,280	3/9/04
ImageBrowser.h	2,128	3/9/04
ImageLocator10Page.cpp	1,740	3/9/04
ImageLocator10Page.h	615	3/9/04
ImageLocator20Page.cpp	2,091	3/9/04
ImageLocator20Page.h	638	3/9/04
ImageLocator30Page.cpp	1,874	3/9/04
ImageLocator30Page.h	614	3/9/04
ImageLocatorSheet.cpp	2,359	3/9/04
ImageLocatorSheet.h	1,057	3/9/04

ImageSelect.cpp	22,275	3/9/04
ImageSelect.h	2,239	3/9/04
ImageSelect.htm	358	3/9/04
ImageViewer.cpp	22,873	3/9/04
ImageViewer.h	2,458	3/9/04
LeftView.cpp	22,140	3/9/04
LeftView.h	2,047	3/9/04
LoginDlg.cpp	4,158	3/9/04
LoginDlg.h	863	3/9/04
MainFrm.cpp	28,529	3/9/04
MainFrm.h	2,615	3/9/04
MySplitterWnd.cpp	2,577	3/9/04
MySplitterWnd.h	625	3/9/04
OverviewView.cpp	56,439	3/9/04
OverviewView.h	2,379	3/9/04
ReadMe.txt	6,666	3/9/04
ReportsOverviewView.cpp	37,388	3/9/04
ReportsOverviewView.h	1,963	3/9/04
resource.h	22,889	3/9/04
resource.h_old	14,820	3/9/04
SelfDesc10Page.cpp	2,384	3/9/04
SelfDesc10Page.h	732	3/9/04

SelfDesc20Page.cpp	8,354	3/9/04
SelfDesc20Page.h	1,270	3/9/04
SelfDesc25Page.cpp	14,817	3/9/04
SelfDesc25Page.h	1,613	3/9/04
SelfDesc30Page.cpp	4,766	3/9/04
SelfDesc30Page.h	943	3/9/04
SelfDesc40Page.cpp	8,735	3/9/04
SelfDesc40Page.h	1,147	3/9/04
SelfDesc45Page.cpp	5,470	3/9/04
SelfDesc45Page.h	926	3/9/04
SelfDesc50Page.cpp	1,663	3/9/04
SelfDesc50Page.h	536	3/9/04
SelfDesc60Page.cpp	4,811	3/9/04
SelfDesc60Page.h	950	3/9/04
SelfDesc70Page.cpp	5,070	3/9/04
SelfDesc70Page.h	919	3/9/04
SelfDesc80Page.cpp	6,556	3/9/04
SelfDesc80Page.h	1,115	3/9/04
SelfDesc85Page.cpp	4,117	3/9/04
SelfDesc85Page.h	855	3/9/04
SelfDesc90Page.cpp	1,965	3/9/04
SelfDesc90Page.h	624	3/9/04

SelfDescSheet.cpp	3,230	3/9/04
SelfDescSheet.h	1,684	3/9/04
ShellFolders.cpp	4,083	3/9/04
ShellFolders.h	726	3/9/04
SlideShowImageSelect.cpp	19,737	3/9/04
SlideShowImageSelect.h	2,018	3/9/04
stdafx.cpp	208	3/9/04
stdafx.h	1,972	3/9/04
TableReporterHTMLView.cpp	15,076	3/9/04
TableReporterHTMLView.h	2,654	3/9/04
TableReporterHTMLView_CompletedAffirmations.cpp	7,754	3/9/04
TableReporterHTMLView_CompletedAffirmations.h	728	3/9/04
TableReporterHTMLView_CompletedGoals.cpp	6,553	3/9/04
TableReporterHTMLView_CompletedGoals.h	609	3/9/04
TableReporterHTMLView_DailyExercises.cpp	6,589	3/9/04
TableReporterHTMLView_DailyExercises.h	769	3/9/04
TableReporterHTMLView_DaysPracticed.cpp	6,484	3/9/04
TableReporterHTMLView_DaysPracticed.h	785	3/9/04
TableReporterHTMLView_DefinedAffirmations.cpp	8,390	3/9/04
TableReporterHTMLView_DefinedAffirmations.h	716	3/9/04
TableReporterHTMLView_DefinedGoals.cpp	7,123	3/9/04

TableReporterHTMLView_DefinedGoals.h	601	3/9/04
TableReporterHTMLView_FeedbackLogByDate.cpp	4,227	3/9/04
TableReporterHTMLView_FeedbackLogByDate.h	692	3/9/04
TableReporterHTMLView_FeedbackLogByGoal.cpp	2,423	3/9/04
TableReporterHTMLView_FeedbackLogByGoal.h	442	3/9/04
TableReporterHTMLView_ProgressLogByDate.cpp	4,227	3/9/04
TableReporterHTMLView_ProgressLogByDate.h	692	3/9/04
TableReporterHTMLView_ProgressLogByGoal.cpp	2,423	3/9/04
TableReporterHTMLView_ProgressLogByGoal.h	442	3/9/04
TableReporterHTMLView_SelfDescription.cpp	15,549	3/9/04
TableReporterHTMLView_SelfDescription.h	1,035	3/9/04
TabView.cpp	12,766	3/9/04
TabView.h	2,279	3/9/04
Test.htm	0	3/9/04
VisualBuilder10Page.cpp	1,756	3/9/04
VisualBuilder10Page.h	628	3/9/04
VisualBuilder20Page.cpp	2,109	3/9/04
VisualBuilder20Page.h	651	3/9/04
VisualBuilder30Page.cpp	1,887	3/9/04
VisualBuilder30Page.h	653	3/9/04
VisualBuilder40Page.cpp	1,885	3/9/04
VisualBuilder40Page.h	628	3/9/04

VisualBuilder50Page.cpp	1,838	3/9/04
VisualBuilder50Page.h	627	3/9/04
VisualBuilder60Page.cpp	1,840	3/9/04
VisualBuilder60Page.h	627	3/9/04
VisualBuilderSheet.cpp	2,707	3/9/04
VisualBuilderSheet.h	1,368	3/9/04
VisualizationExercise.cpp	12,141	3/9/04
VisualizationExercise.h	1,584	3/9/04
VisualizationExercise.htm	1,924	3/9/04
VisualizationMaintenance.cpp	16,340	3/9/04
VisualizationMaintenance.h	1,936	3/9/04
VisualizationMaintenance.htm	1,923	3/9/04
WindowFont.h	2,665	3/9/04
_DlgEnterAffirmations.cpp_od	25,420	3/9/04
_DlgmenterAffirmations.htm_old	2,022	3/9/04
_DlgEnterAffirmations.h_old	2,570	3/9/04
afx_hidd_color.htm	380	3/9/04
afx_hidd_fileopen.htm	1,123	3/9/04
afx_hidd_filesave.htm	1,172	3/9/04
afx_hidd_find.htm	363	3/9/04
afx_hidd_font.htm	377	3/9/04
afx_hidd_newtypedlg.htm	554	3/9/04

afx_hidd_replace.htm	372	3/9/04
afx_hidp_default.htm	691	3/9/04
afx_hidw_dockbar_top.htm	556	3/9/04
afx_hidw_status_bar.htm	1,558	3/9/04
afx_hidw_toolbar.htm	744	3/9/04
hidr_doc1type.htm	1,277	3/9/04
hid_app_about.htm	440	3/9/04
hid_app_exit.htm	699	3/9/04
hid_context_help.htm	684	3/9/04
hid_edit_clear.htm	381	3/9/04
hid_edit_clear_all.htm	385	3/9/04
hid_edit_copy.htm	549	3/9/04
hid_edit_cut.htm	589	3/9/04
hid_edit_find.htm	378	3/9/04
hid_edit_paste.htm	472	3/9/04
hid_edit_redo.htm	385	3/9/04
hid_edit_repeat.htm	497	3/9/04
hid_edit_replace.htm	387	3/9/04
hid_edit_undo.htm	751	3/9/04
hid_file_close.htm	936	3/9/04
hid_file_mru_file1.htm	692	3/9/04
hid_file_new.htm	864	3/9/04

hid_file_open.htm	824	3/9/04
hid_file_save.htm	890	3/9/04
hid_file_save_as.htm	795	3/9/04
hid_file_send_mail.htm	677	3/9/04
hid_help_index.htm	661	3/9/04
hid_help_using.htm	394	3/9/04
hid_ht_caption.htm	1,209	3/9/04
hid_ht_nowhere.htm	366	3/9/04
hid_next_pane.htm	363	3/9/04
hid_prev_pane.htm	363	3/9/04
hid_sc_close.htm	707	3/9/04
hid_sc_maximize.htm	421	3/9/04
hid_sc_minimize.htm	423	3/9/04
hid_sc_move.htm	525	3/9/04
hid_sc_nextwindow.htm	548	3/9/04
hid_sc_prevwindow.htm	561	3/9/04
hid_sc_restore.htm	481	3/9/04
hid_sc_size.htm	830	3/9/04
hid_sc_tasklist.htm	1,446	3/9/04
hid_view_ruler.htm	381	3/9/04
hid_view_status_bar.htm	848	3/9/04
hid_view_toolbar.htm	814	3/9/04

hid_window_all.htm	599	3/9/04
hid_window_arrange.htm	613	3/9/04
hid_window_cascade.htm	423	3/9/04
hid_window_new.htm	748	3/9/04
hid_window_split.htm	766	3/9/04
hid_window_tile.htm	415	3/9/04
hid_window_tile_horz.htm	455	3/9/04
hid_window_tile_vert.htm	424	3/9/04
Horizons.chm	29,262	3/9/04
Horizons.hhc	1,350	3/9/04
Horizons.hhk	203	3/9/04
Horizons.hhp	6,763	3/9/04
HTMLDefines.h	22,543	3/9/04
main_index.htm	672	3/9/04
menu_edit.htm	1,043	3/9/04
menu_file.htm	1,448	3/9/04
menu_help.htm	799	3/9/04
menu_view.htm	704	3/9/04
menu_window.htm	1,291	3/9/04
scrollbars.htm	672	3/9/04
corner_left.gif	69	3/9/04
corner_right.gif	70	3/9/04

header_bkgnd.gif	170	3/9/04
header_overview.gif	8,074	3/9/04
overview_logo.gif	24,486	3/9/04
spacer.gif	1,082	3/9/04
star_contemplation.gif	1,478	3/9/04
Affirmation.ico	28,902	3/9/04
Checkmrk.ico	1,078	3/9/04
Closed folder.ico	24,190	3/9/04
Completed Affirmation.ico	21,462	3/9/04
Completed Goals Folder.ico	24,190	3/9/04
Contemplation.ico	28,902	3/9/04
Copy of DSNBuddy.ico	2,238	3/9/04
FONT01.ico	1,846	3/9/04
Goal 2.ico	24,190	3/9/04
Goal.ico	28,902	3/9/04
Help.ico	17,694	3/9/04
icon1.ico	2,238	3/9/04
icon2.ico	2,238	3/9/04
INFO.ico	1,846	3/9/04
JavaCup.ico	22,206	3/9/04
MISC02.ico	1,078	3/9/04
MyFirstIcon.ico	22,486	3/9/04

New Goal.ico	894	3/9/04
NewGoal.bmp	1,334	3/9/04
Open Completed Goals Folder.ico	21,462	3/9/04
Open Folder.ico	24,190	3/9/04
Open Report Folder.ico	21,462	3/9/04
Report Folder.ico	21,462	3/9/04
Report.ico	24,190	3/9/04
single-step.ico	4,662	3/9/04
ss icon dark.ico	4,286	3/9/04
ss icon.ico	22,486	3/9/04
Success.ico	17,694	3/9/04
thoughts.ico	21,462	3/9/04
Visualization.ico	28,902	3/9/04
W95MBX01.ICO	1,078	3/9/04
bigvf.bmp	91,198	3/9/04
bigvf.gif	2,172	3/9/04
bigvf2.bmp	25,846	3/9/04
bitmap1.bmp	246	3/9/04
cathedral.jpg	22,497	3/9/04
Copy of side-bar---curve.bmp	87,478	3/9/04
goal.bmp.	131,702	3/9/04
goal.ico	3,262	3/9/04

goal.jpg	11,406	3/9/04
goal2.bmp	131,702	3/9/04
goal3.bmp	129,862	3/9/04
graph.bmp	397,878	3/9/04
graph.gif	14,722	3/9/04
graph2.bmp	50,358	3/9/04
header_overview.gif	6,754	3/9/04
horizons.gif	2,102	3/9/04
horizons.ico	2,238	3/9/04
horizons.manifest	698	3/9/04
horizons.rc2	399	3/9/04
horizons1.gif	980	3/9/04
horizons2.gif	2,102	3/9/04
horizonsDoc.ico	1,078	3/9/04
horizonsHomePage.htm	1,656	3/9/04
horizons_old.ico	766	3/9/04
horizons_.ico	4,662	3/9/04
html1.htm	0	3/9/04
html_ima.htm	1,915	3/9/04
ImageSrcs.txt	225	3/9/04
ImageViewer.htm	1,915	3/9/04
log_color_bmp.gif	12,562	3/9/04

motivation.bmp	138,774	3/9/04
motivation.jpg	12,993	3/9/04
newwishingtowers.bmp	564,054	3/9/04
newwishingtowers1.bmp	157,994	3/9/04
newwishingtowers10b.jpg	28,731	3/9/04
newwishingtowers2.bmp	139,974	3/9/04
overview.htm	2,321	3/9/04
overview_logo.gif	45,974	3/9/04
ReportsOverview.htm	7,044	3/9/04
side-bar---curve.bmp	16,258	3/9/04
side-bar---curve.gif	8,518	3/9/04
side-bar---curve2.bmp	39,670	3/9/04
side-bar-curve2a.bmp	43,638	3/9/04
single-step overview small.gif	31,678	3/9/04
single-step reports small.gif	31,678	3/9/04
single-step.ico	4,662	3/9/04
Toolbar.bmp	1,678	3/9/04
Vfdraw.jpg	758	3/9/04
Bullet.gif	816	3/9/04

All data on Appendix A Copy 1 and Appendix A Copy 2 is in ASCII format, and in uncompressed form. Each disc is labeled in accordance with 37 C.F.R. §1.52(e).

This Transmittal Letter is being submitted concurrently with the above captioned application. It is believed that no fees are due with respect to this Transmittal Letter. Should

that determination be incorrect, then please debit Account No. 50-0548 and notify the undersigned.

Respectfully submitted,

A handwritten signature in black ink, appearing to read "Thomas Liniak", written in a cursive style.

Thomas Liniak
Registration No. 33,415
Attorney for Applicant

Liniak, Berenato & White, LLC
6550 Rock Spring Drive, Suite 240
Bethesda, Maryland 20817
Telephone: (301) 896-0600
Facsimile: (301) 896-0607